

Terrebonne Community School

TERREBONNE TRIBUNE

April 2018



At Terrebonne Community School we provide a positive environment and challenging learning opportunities that improve student achievement and produce life-long learners.

Trevor Flaherty, Principal

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Message From the Principal

Greetings Terrebonne Students, Families and Community Members—

As we head into the final push of the 2018 school year, a topic I have already addressed this year continues to be a focus of mine...the topic of stress. The end of a long school year brings all manners of stress for all involved with a school including school staff, families, and students. School staff are stressed as they feel the pressure of helping their students achieve high levels of success, they are trying to fit in the wide array of annual content required of them, and the state testing season is upon them. Families are stressed as they continue to juggle their professional lives, their kids' schedules, and their personal relationships. Students are stressed with feeling the push of the end of the year and the academic pressures that come with it, the worries about what summer will bring, and navigating the dynamics of their peer relationships.

I bring this topic to your attention again as I have recently spent some time looking into the ills of stress and what it does to our emotional and physical states of being. One recent piece of information I reviewed came from my PE teacher (Jen Wachs), a documentary on the impact of stress and how damaging it is to our bodies and minds. The information in this documentary is powerful enough for me to share it with you, and to share it with my staff as well. I hope you can find some time to watch it as it will be an eye-opening experience. My hope is that it causes you pause, to take time to review areas of your life in particular where you can take steps to mitigate your stressors.

Stress, Portrait of a Killer

<https://www.youtube.com/watch?v=eYG0ZuTv5rs>

If we don't take time to take care ourselves as adults, how can we expect our students and children to learn to take care of themselves without appropriate modeling of what it takes to be sound of mind and sound of body. We all want our kids to be healthy, and this is an area we as adults can directly help.

As always, I encourage you to partner with us on this journey called education and to share your thoughts and ideas with me at any time. My door is always open!

Trevor Flaherty, Principal

Special Dates To Remember

- ◆ **April 1—April Fool's Day**
- ◆ **April 1—Easter Sunday**
- ◆ **April 3—Picture Day**
- ◆ **April 3—Track Practice Begins**
- ◆ **April 4—Early Release**
- ◆ **April 11—Early Release**
- ◆ **April 12—PTC Meeting**
- ◆ **April 13—PTC Carnival**
- ◆ **April 16—5th Gr. Field trip**
- ◆ **April 18—MS Track Meet @ RHS**
- ◆ **April 18—Early Release**
- ◆ **April 19—KG Field Trip**
- ◆ **April 22—Earth Day**
- ◆ **April 25—School Board Meeting**
- ◆ **April 25—Early Release**
- ◆ **April 26—Spirit Day**
- ◆ **April 26—MS Track Meet @ OMS**
- ◆ **April 27—FUN RUN**

Spring Pictures

Tuesday, April 3rd

Please bring pre-paid picture packets with you if you would like your picture taken.

PTC Meeting

Thursday, April 12th

5:30pm

Terrebonne's Annual FUN RUN Friday, April 27th

The Annual Fun Run is fast approaching. Pledge sheets will be going home soon so start getting in shape for the Fun Run. This is our annual fundraising event which in the past has helped to finance extra programs, technology equipment, etc.

Kindergarten Registration

Kindergarten registration for the 2018-19 school year will begin on April 23rd for any child who will be 5 years of age by September 1, 2018. You may come into the Terrebonne Community School any time after that date to pick up your KG enrollment packet. When you return the enrollment packet, you will need to bring a copy of your child's Birth Certificate, Immunizations, and a proof of your residency (utility bill, rental agreement, etc.) Class placement for your child will not be made until after KG assessments in the Fall.

**Need help
with any of
these subjects?**

Your FAN Advocate **Jennifer Jackson**
Terrebonne Community School

(541) 923-4856 ph

- ▶ Food
- ▶ Housing
- ▶ Clothing
- ▶ Medical
- ▶ Dental
- ▶ Vision

Visit or call your
FAN Advocate
at your local
school.



Family Access Network

A Program of the HDESD and Deschutes County School Districts

FAN

Helping with the Other Kind of Homework

You can access our school website: www.terrebonne.redmond.k12.or.us